

Head Over Heels

56 count, 2 wall, beginner/intermediate level
Choreographer: Andrew, Simon and Sheila (UK)
January 2007

Choreographed to: Head Over Heels by ABBA, CD:
The Definitive Collection or The Visitors

Into: 30 seconds (approx) – start on the word “very”

WALK. WALK. KICK-BALL-CHANGE. PIVOT 1/2. KICK-BALL-CHANGE.

1-2 Walk fwd R, walk fwd L
3&4 R kick-ball-change.
5-6 Step pivot half turn L (6:00).
7&8 R kick-ball-change.

ROCK. RECOVER. COASTER-STEP. TOE-STRUT. TOE-STRUT.

1-2 Rock fwd R, Recover.
3&4 R coaster-step.
5-6 L toe-heel strut.
7-8 R toe-heel strut.

ROCK. RECOVER. SHUFFLE 1/2. PIVOT 1/4. CROSS-SHUFFLE

1-2 Rock fwd L, Recover.
3&4 Shuffle half turn L (12:00).
5-6 Step pivot quarter turn L (9:00).
7&8 R cross-shuffle.

ROCK. RECOVER. WEAVE. ROCK. RECOVER. WEAVE

1-2 Rock L to side, Recover.
3&4 Step L behind R, step R to side, cross L over R.
5-6 Rock R to side, Recover.
7&8 Step R behind L, step L to side, cross R over L.

MAMBO. MAMBO. ROCK. RECOVER. SHUFFLE 1/2.

1&2 Rock L to side, Recover, step L in place.
3&4 Rock R to side, Recover, step R in place.
5-6 Rock fwd L, Recover.
7&8 Shuffle half turn L (3:00).

ROCK. RECOVER. SHUFFLE 1/2. PIVOT 1/2. KICK-BALL-CHANGE.

1-2 Rock fwd R, Recover.
3&4 Shuffle half turn R (9:00).
5-6 Step pivot half turn R (3:00).
7&8 L kick-ball-change.

PIVOT 1/4. KICK-BALL-CHANGE. ROCK. RECOVER. COASTER-STEP.

1-2 Step pivot quarter turn R (6:00).
3&4 L kick-ball-change.
5-6 Rock fwd L, Recover.
7&8 L coaster-step.

Note: On wall **3** dance up to count **14** (L toe-heel strut), Step pivot half turn L (12:00), Start dance again.
On wall **6** dance up to count **4** (R kick-ball-change), Step pivot half turn L (6:00), Step pivot half turn L (12:00), Start dance again
