

# Some Hearts

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40 Count – 4 wall - intermediate

16 count intro – start on vocals

Choreographed by Alan Haywood (UK) (January 2006)

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Choreographed to “Some Hearts” by Carrie Underwood from the Some Hearts Album (available from Amazon.co.uk and HMV stores) Great Country Singer – winner of American Idol 2005 - 114bpm

Alternative tracks: Good Little Girls by Blue County from Line Dance Fever 16 – 122 bpm

I'll Take Texas by Vince Gill from Toe The Line 4 – 118 bpm

Party Crowd by David Lee Murphy from Toe The Line 4 – 127bpm

This will fit almost any music that you like around 114 – 125 bpm

## Section 1

**R Kick ball cross, R side shuffle, rock back, recover, 1/4 R, R back**

1&2 Kick right forward, step right next to left, cross step left over right

3&4 Step right to right side, close left next to right, step right to right side

5-6 Rock back onto left, recover weight onto right

7-8 Make 1/4 turn right stepping back onto left, step back onto right

## Section 2

**Rock back, recover, L forward shuffle, 1/2 L, L back, R coaster step**

1-2 Rock back onto left, recover forward onto right

3&4 Step forward onto left, close right next to left, step left forward

5-6 Pivot 1/2 turn left stepping back onto right, step left slightly back

7&8 Step right back, step left next to right, step right forward

**Restarts here after wall 3 and wall 6 – see note below**

## Section 3

**L forward, hold, & L forward, touch R, switch R & L & 1/4 R, touch L**

1-2 Step forward onto left, hold for one count

&3-4 Step right next to left, step left forward, touch right next to left

5&6 Touch right toe forward, step right next to left, touch left toe forward

&7-8 Step left next to right, step right 1/4 turn right, touch left next to right

## Section 4

**L side shuffle, behind, unwind 1/2 R, side behind, 1/4 L shuffle**

1&2 Step left to left side, close right next to left, step left to left side

3-4 Touch right toe behind left, unwind 1/2 turn right transferring weight onto right

5-6 Step left to left side, cross step right behind left

7&8 Step left 1/4 left, close right next to left, step left forward

## Section 5

**Side, behind, & L heel & R cross, side, 1/2 R, forward, touch**

1-2 Step right to right side, cross step left behind right

&3 Step right to right side, touch left heel diagonally forward

&4 Step left next to right, cross step right over left

5-6 Step left to left side, pivot 1/2 turn right stepping right to right side

7-8 Step left slightly forward, touch right next to left

## Restarts

With the Some Hearts track, you will need 2 restarts. For both restarts you will be facing the 12 o'clock wall. The first is after wall 3 at the end of section 2 – (count 16, R Coaster Step). You will need to a quick '&' step to change weight onto left and then restart.

The second restart is after wall 6 at the end of section 2 (same place) BUT you will need to hold for 2 counts and then the '&' step again to change the weight onto your left to start again.

This is not as difficult as it reads – the music makes it easy!

**ENJOY!!!!**

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