Man On A Mission

64 Count – 2 wall – Intermediate level
32 count intro, start on main vocals
Choreographed by Alan Haywood (September 2004)
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Choreographed to "Man On A Mission" by Hall & Oates from the Do It For Love album
Alternative tracks: "Don't Stop Till You Get Enough" by Michael Jackson from the Number Ones album
"Makin' Love and Music" by Dr Hook from the Most Awesome 9 album

Section 1
Right forward shuffle, rock recover, left back shuffle, rock recover
1&2 Step right forward, close left to it, step right forward
3-4 Rock forward onto left, recover weight back onto right
5&6 Step left back, close right to it, step left back
7-8 Rock back onto right, recover weight forward onto left

Section 2
Right forward, ½ left, triple ½ left, behind & across, side rock recover
1-2 Step right forward, pivot ½ left
3&4 Step right forward, make a ½ left stepping left forward, step right forward
5&6 Step left behind right, step right to right side, step left over right
7-8 Rock right to right side, recover weight onto left

Section 3
Syncopated weave left, rock forward, recover, left back shuffle
1&2 Step right behind left, left to left side, step right across left
&3&4 Step left to left side, right behind left, left to left side, step right over left
5-6 Rock forward onto left, recover weight back onto right
7&8 Step left back, close right to it, step left back

Section 4
½ right toe strut x 2, rock back recover, right forward mambo
1-2 Make ½ turn right stepping right toe forward, drop right heel
3-4 Make ½ turn right stepping left toe back, drop left heel
5-6 Rock back onto right, recover weight forward onto left
7&8 Step right forward, step left next to right, step right back

Section 5
Syncopated weave right, right heel forward, hold & left heel forward, hold
1&2 Step left over right, right to right side, left behind right
&3&4 Right to right side, left over right, right to right side, left behind right
5-6 Right heel forward, hold
&7-8 Step right back, left heel forward, hold

Section 6
Cross, back, & cross, back, rock back, recover, right lock step
1-2 Cross step left over right, step back onto right
&3-4 Step left back, cross step right over left, step left back
5-6 Rock back onto right, recover weight forward onto left
7&8 Step right forward, lock step left behind right, step right forward

Section 7
¼ right shuffle, right sailor, ½ left toe strut, ¼ left toe strut
1&2 Step left to left side making ¼ right, close right next to left, step left to left side
3&4 Cross right behind left, step left to left side, step right in place
5-6 Make ½ turn left stepping left toe forward, drop left heel
7-8 Make ¼ turn left stepping right toe to side, drop right heel

Section 8
Left sailor, right sailor, side, hold, & side hold
1&2 Cross left behind right, right to right side, left in place
3&4 Cross right behind left, step left to left side, step right in place
5-6 Step left to left side, hold
&7-8 Step right next to left, step left to left side, hold

SMILE AND START ALL OVER AGAIN!!! (NO TAGS OR RESTARTS!!)

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