

In The Morning

32 Count – 4 wall - intermediate

32 count intro – start on vocals

Choreographed by Alan Haywood (UK) (May 2005)

E-Mail: rompinrodeo@yahoo.com Website: www.rompinrodeo.co.uk

Choreographed to “In The Morning” by The Coral – CD Single – 127bpm

Section 1

R shuffle, L shuffle, switch right and left and step touch

1&2 Step right forward, close left, step right forward

3&4 Step left forward, close right, step left forward

5&6 Touch right to right side, step right next to left, touch left to left side

&7-8 Step left next to right, step right forward, touch left next to right

Restart here on wall 4 add ‘&’ beat to take weight back onto left

Section 2

Triple half right, rock back, recover, kick ball step x 2

1&2 Make triple 1/2 turn right, stepping left right left

3-4 Rock back onto right, recover weight forward onto left

5&6 Kick right forward, step right next to left, step left forward

7&8 Kick right forward, step right next to left, step left forward

Section 3

Side hold & side hold, roll full turn left, side shuffle

1&2 Step right to right side, hold

&3-4 Step left next to right, step right to right side, hold

Note: 1&2 &3-4 - side holds can be done as snake/body rolls for styling

5-6 Step left 1/4 left, make 1/2 turn left stepping right back

7&8 Step left 1/4 left, step right next to left, step left to left side

Easy Option – for counts 5-6, 7&8 – left side, right next to left, left side shuffle.

Section 4

Heel jacks, R toe strut 1/2 turn left, L toe strut 1/4 turn left

1&2 Cross step right over left, step left to left side, touch right heel diagonally forward

&3 Step right next to left, cross step left over right.

&4 Step right to right side, touch left heel diagonally forward

&5-6 Step left next to right, touch right toe forward, make a 1/2 left dropping right heel

7-8 Touch left toe 1/4 left, drop left heel

NOTE: Restart

At the start of wall 4, after count 8, section 1 (touch left next to right).

You will need to restart. To do this, just transfer the weight onto left to enable you to start with right shuffle forward.

END OF DANCE – ENJOY!

www.rompinrodeo.co.uk