

For Your Love

64 Count – 4 wall –Intermediate level

32 count intro, start on vocals

Choreographed by Alan Haywood (June 2005)

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Choreographed to “Holiness” by Daniel Bedingfield from the Second First Impression album - 120bpm

Alternative track: Just The Way We Do It by Chely Wright – 104bpm from The Metropolitan Hotel album

Section 1

Stomp, kick, coaster, side shuffle, cross, unwind full turn L

- 1-2 Stomp right foot, kick right forward
- 3&4 Step right back, step left to it, step right forward
- 5&6 Step left to left side, close right to it, step left to left side
- 7-8 Cross step right over left, unwind full turn left (weight ends on left)
(Alternative for 7-8: cross rock right over left, recover weight onto left)

Section 2

Side, together, R forward shuffle, L forward, 1/2 right, full turn R

- 1-2 Step right to right side, step left next to right
- 3&4 Step right forward, close left to it, step right forward
- 5-6 Step left forward, pivot 1/2 right
- 7-8 Make 1/2 turn right stepping left back, make 1/2 turn right stepping right forward
(Alternative for 7-8: walk forward L R)

Section 3

Side, hold, & 1/4 left, forward 1/2 L, full turn L, step forward

- 1-2 Step left to left side, hold for one count
- &3-4 Close right next to left, step left 1/4 left, step right forward
- 5 Pivot 1/2 left
- 6-7 Make 1/2 turn left stepping right back, make 1/2 turn left stepping left forward
- 8 Step right forward
(Alternative for 6-7: walk forward R L)

Section 4

Side rock, recover, 1/2 L sailor, side rock, recover, coaster step

- 1-2 Rock left to left side, recover weight onto right
- 3&4 Cross left behind right, make a 1/2 turn left stepping right beside left, step left to left side
- 5-6 Rock right to right side, recover onto left
- 7&8 Step right back, step left next to right, step right forward

Section 5

L kick ball change, walk L R, 1/4 R shuffle, rock, recover

- 1&2 Kick left forward, step left next to right, step right next to left
- 3-4 Walk forward left, right
- 5&6 Make 1/4 right stepping left to left side, close right next to left, step left to left side
- 7-8 Rock back onto right, recover forward onto left

Section 6

1/4 L, 1/4 L, cross rock, recover, side shuffle, cross rock, recover

- 1-2 Make 1/4 turn left stepping right back, make 1/4 turn left stepping left to left side
- 3-4 Cross rock right over left, recover weight back onto left
- 5&6 Step right to right side, close left to it, step right to right side
- 7-8 Cross rock left over right, recover weight back onto right

Section 7

1/4 L shuffle, rock, recover, R sailor, L sailor

- 1&2 Step left 1/4 left, close right to it, step left forward
- 3-4 Rock forward onto right, recover weight back onto left
- 5&6 Cross right behind left, left to left side, right to place
- 7&8 Cross left behind right, right to right side, left to place
NOTE: do counts 5&6, 7&8 (sailors) travelling back slightly

Section 8

1/2 R toe strut, 1/2 R toe strut, R shuffle forward, L forward mambo

- 1-2 Turning 1/2 R step touch R toe back, step R heel down
- 3-4 Turning 1/2 R touch L toe forward, step L heel down
- 5&6 Step right forward, close left to it, step right forward
- 7&8 Rock forward onto left, recover weight back onto right, step left next to right

NO TAGS OR RESTARTS – HOORAY!!!!!!

REPEAT AND ENJOY!!