

Fill my heart

64 Count – 4 wall – beginner/improver

16 count intro, start on vocals

Choreographed by Alan Haywood (UK) (July 2005)

E-Mail: rompinrodeo@yahoo.com Website: www.rompinrodeo.co.uk

Choreographed to You Fill My Heart by Dane Stevens from the More & More album – 75/155bpm

Alternative track: Rosie's On A Roll by Shane Worley from the Most Awesome 8 album – 160pm
24 count intro – start on vocals

Section 1

Touch toe, heel, brush back, brush forward, R lock step, scuff

- 1-2 Touch right toe in front of left, touch right heel in front of left
- 3-4 Brush right back over left, brush right forward
- 5-6 Step right forward, lock left behind right
- 7-8 Step right forward, scuff left forward

Section 2

L forward, lock step, hold, R forward mambo, hold

- 1-2 Step left forward, lock right behind left
- 3-4 Step left forward, hold
- 5-6 Rock forward onto right, recover weight back onto left
- 7-8 Step right next to left, hold

Section 3

Full turn L (LRL), hold, side, behind, side, hold

- 1-2 Make 1/2 turn left, stepping left forward, step right forward
- 3-4 Make 1/2 turn left, stepping left forward, hold
(Option for counts 1-4 - slow coaster step, hold)
- 5-6 Step right to right side, step left behind right
- 7-8 Step right to right side, hold

Section 4

Weave, 1/4 right, step 1/2 R, step, hold

- 1-2 Cross step left over right, step right to right side
- 3-4 Cross step left behind right, step right 1/4 right
- 5-6 Step left forward, pivot 1/2 right
- 7-8 Step left forward, hold

Section 5

R forward mambo, hold, 1/4 L sailor, hold

- 1-2 Rock forward onto right, recover weight back onto left
- 3-4 Step right next to left, hold
- 5-6 Make 1/4 left stepping left behind right, step right to right side
- 7-8 Step left to left side, hold

Section 6

Weave R, side rock, recover, cross, hold

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, cross step left over right
- 5-6 Rock right to right side, recover weight onto left
- 7-8 Cross step right over left, hold

Section 7

Wear L, side rock, recover, cross, hold

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side, cross step right over left
- 5-6 Rock left to left side, recover weight onto right
- 7-8 Cross step left over right, hold

Section 8

R forward mambo, hold, 1/4 L sailor, hold

- 1-2 Rock forward onto right, recover weight back onto left
- 3-4 Step right next to left, hold
- 5-6 Make 1/4 left stepping left behind right, step right to right side
- 7-8 Step left to left side, hold

REPEAT AND ENJOY!!

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